

# ISLAM AND THE PARTICIPATION IN SPORTS AND PHYSICAL RECREATION OF LADIES AND WOMEN WITH DISABILITIES IN UAE

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## Keywords

Islam,UAE,Disabilities,Sport,Women,Recreation

## Aim

The current study is a primary case of its kind. The study involves the participation of ladies with disabilities in UAE in the field of sports and physical recreation. The study explores both the structure and resources that make ladies with disabilities involvement in sports and physical recreation possible along with the ideological and physical obstacles that prevent the ladies, and women with disabilities in UAE from taking part. The improvement of the ladies with disabilities sports and physical recreation in UAE is considered in relation to significant historical and political developments, particularly with the influence of Islamic principles about the role of women in society, their privileges and body structures (Benn et al., 2011). There are evidences from the Holy Qur'an that provides support in need of exercise for the ladies and women (Bazna & Hatab, 2005). The research highlights the conflicting positions of UAE ladies that find themselves living in a comparatively noninterventionist Islamic state where both genders are equal, but face traditional and uneven gender divisions in chores in daily life and throughout their culture, mainly in the field sports and physical recreation. The opportunities for the ladies in sports and recreation are linked to the political management system of the state where a rule must be passed in order to favour the women community. The study also shows proposals for the UAE sports policy-makers, planners, and institutes that may be concerning the sports and physical recreation for Muslim ladies and women with disabilities in the future. Method: Case study method for a long term analysis of change was used over the past 18 years Results & Discussion: The study is ongoing and the results will be presented at the conference.

## References:

- 1-Baznaa, M.S., and Hatab, T.A. (2005). Disability in the Qur'an, *Journal of Religion, Disability & Health*, 9(1), 5-27.
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