Pathways to high performance sport governing bodies

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Abstract

The research aims to highlight combinations of key success factors linked with high performance of sport governing bodies. Performance of 49 sport governing bodies from the French speaking Community of Belgium is measured through the achievement of their missions. Then, the internal functioning of 15 of them is assessed through interviews of two key actors for each according to 8 internal and 2 external factors. Exploratory analysis (Qualitative Comparative Analysis) shows that four factors (combined differently with each other) emerge: elites' training structure, centralization of the decision-making processes, governance of volunteers and size.

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